

# Drug Information Sheet("Kusuri-no-Shiori")

Internal

Revised: 09/2025

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

**Brand name:** LOSARTAN POTASSIUM TABLETS 100mg 「OHARA」

**Active ingredient:** Losartan potassium

**Dosage form:** white tablet , diameter 9.1mm, thick 4.8mm

**Imprint or print on wrapping:** ロサルタン K100mg「オーハラ」, 血圧降下剤 OH-209  
Losartan Potassium 100mg「OHARA」



## Effects of this medicine

This medicine decreases blood pressure with angiotensin II-receptor antagonistic activity. It also reduces the deterioration of the renal function by reducing proteinuria to protect the kidneys.

It is usually used in the treatment of hypertension, and diabetic nephropathy in the type 2 diabetes mellitus accompanied by hypertension and proteinuria.

## The following patients may need to be careful when using this medicine. Be sure to tell your doctor and pharmacist.

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.  
If you have hyperkalemia, renal or hepatic disorder, or cerebrovascular disorder.  
If you are volume-depleted.
- If you are pregnant, possibly pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

## Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is(( to be written by a healthcare professional))
- For treatment of hypertension: In general, for adults, take 25 to 50 mg of the active ingredient at a time, once daily.  
The dosage may be adjusted according to the age or symptoms, or may be increased up to 100 mg daily.  
For treatment of diabetic nephropathy in the type 2 diabetes mellitus accompanied by hypertension and proteinuria:  
In general, for adults, take 50 mg of the active ingredient at a time, once daily. The dosage may be increased up to 100 mg daily according to the blood pressure level. If you have the potential to develop excessive hypotension, the initial dose is started at 25 mg at a time.  
This preparation contains 100 mg of the active ingredient in a tablet. Strictly follow the instructions in any case.
- If you miss a dose, take it as soon as you remember. If it is close to your next dose, do not take the missed dose.  
Just take the next dose at your regular time. You should never take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

## Precautions while taking this medicine

- The medicine may cause dizziness or lightheadedness caused by antihypertensive effects. Pay close attention to working at heights, driving a car or operating dangerous machinery.
- This medicine cannot be used by pregnant and possible pregnant women. If you become pregnant or think you may be pregnant while taking this medicine, consult your doctor immediately.

## Possible adverse reactions to this medicine

The most commonly reported adverse reactions include headache, dizziness, nausea, hot flush, hypotension, asthenia and fatigue, etc. If any of these symptoms occur, consult with your doctor or pharmacist.

**The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.**

- hives, breathing difficulty, edema [anaphylaxis]
- swelling of the face, lips, tongue, or throat, abdominal pain, diarrhea [angioedema]
- loss of appetite, general malaise, yellowing in skin and white of eyes [acute hepatitis or fulminant hepatitis]
- decreased urine output, generalized edema [renal failure]
- cold sweat, nausea, loss of consciousness [shock, faint, unconsciousness]

**The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.**

## Storage conditions and other information

- Keep out of the reach of children. Store away from direct sunlight, heat and moisture.
- Discard the remainder. Do not store them. If you do not know how to discard, seek advice of your pharmacy or

medical institution. Do not give the unused medicines to others.

**For healthcare professional use only**      /      /

For further information, talk to your doctor or pharmacist.

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